

RELEASE AND WAIVER OF LIABILITY ASSUMPTION OF RISK AND INDEMNIFICATION



By signing this waiver, I do hereby release and hold harmless and covenant not to sue the Flying Rhino Cycling Club, its officers, sponsors (including but not limited to Kinetic Systems), ride leaders, administrators, insurance carriers, directors, members, or volunteers, owners, and lessors of any premises on which any activity takes place from: all liability, claims, demands, losses, or damages that may result from any accident, injury or inconvenience on any ride in which I participate with the Flying Rhinos, even if caused or claimed to be caused, either in whole or in part, by the negligence of any of the releases. I represent that I recognize and accept all the risks associated with bike riding and that I have the skills, judgment and physical condition to participate. The club allows a single ride to non-members, after which membership is mandatory for participation. I acknowledge that this activity will be conducted over public roads or trails and facilities open to the public and hazards are to be expected. I further agree that I will ride in a safe, prudent and courteous manner, stop at all traffic signs, ride as far to the right edge of the roadway as is safe and obey all traffic laws. I also agree to wear a protective helmet while participating on this ride and to refrain from wearing one earplug, a pair of earplugs, or headsets for entertainment. I fully understand that bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death, and voluntarily participate in this activity. I agree that if at any time I believe the conditions to be unsafe, I will immediately discontinue further participation. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns and will apply to all rides in which I participate with the Flying Rhinos and can only be revoked or amended in writing, duly signed and notarized and delivered to a Flying Rhinos officer. I further attest that I am age 18 or older. (Note; If under age 18, parental permission must be given before beginning this ride)

ALL RIDERS MUST WEAR PROTECTIVE HELMETS, NO EAR PLUGS

I have read and understand all of the terms of this release, waiver of liability, assumption of risk and indemnification agreement and my signature below signifies my acceptance and agreement to be bound by them.

First & Last Name Rider	Rider Cell #	Emergency Cell #	Member Y/N	Signature Rider